Do You Feel Safe at Home?

An Easy Read Guide

Ohio Department of Developmental Disabilities

April 2016

It is not ok for someone that you live with to keep your money from you.

It is not ok for someone that you live with to take your medicine away from you.

It is not ok for someone that you live with to tell you that you are not allowed leave your house.

It is not ok for someone that you live with

- to hit you
- to call you names.
- to keep food from you.
- to make you take drugs.

It is not ok for someone that you live with

- to make you take medicine you do not need.
- to make you have sex.
- to touch you in ways that you do not want to be touched.
- to make you touch them or do things to them that you do not want to do.

If those things are happening to you or someone that you know, you can tell someone you trust.

That could be

- a friend
- someone in your family
- a teacher
- a doctor or a nurse

Call someone for help.

- Call the abuse hotline at the Ohio Department of Developmental Disabilities, at 1-866-313-6733.
- Call the Human Trafficking Hotline at 1-888-373-7888.
- Or if you are in danger, call 911.

There is more information at www.humantrafficking.ohio.gov.

Sometimes the first person you tell does not know how to help you.

Don’t give up! Tell someone else. Keep telling people until someone helps you.