Department of Developmental Disabilities

Options to Address Various Needs Related to Decision-Making

Need	Task	Can this be accomplished by…?
Money Management	- Learning to recognize and prevent exploitation - Managing accounts, assets, and benefits	- Money managing app - Representative payee program - Conservatorship or trust
Healthcare	- Taking medications as prescribed - Maintaining hygiene and diet - Avoiding high-risk behaviors - Making decisions about medical treatment	- Using apps to help remember to take medication and perform hygiene tasks - Allowing staff from a provider to assist in daily living tasks - Having individual sign HIPAA release - Appointing a medical power of attorney
Employment	- Looking for, gaining, and retaining employment	- Enrolling in job coaching services - Utilizing Opportunities for Ohioans with Disabilities services

Relationships	- Behaving appropriately with friends, family and co-workers - Making decisions about relationships - Making decision about having sex - Understanding different types of relationships	- Role-playing and practicing appropriate behaviors - Visiting a health care center or local health department to learn more about contraception - Speaking with those they trust about what a healthy relationship looks like - Take healthy relationship quiz
Community Living	- Living independently - Maintaining a clean environment - Accessing community resources	- Incorporating adaptive and assistive technology - Setting reminders to complete home tasks - Making a list of community resources, such as transportation
Personal Decision-Making	- Understanding legal documents such as power of attorney, contracts, leases - Communicating wishes - Understanding legal consequences of behavior	- Allowing supporters to help explain the legal documents - Having the individual demonstrate understanding of consequences through role-playing - Seeking advice from legal professionals.
Personal Safety	- Avoiding common danger	- Roleplaying - Talking to trusted supporter