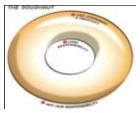
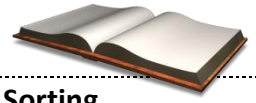
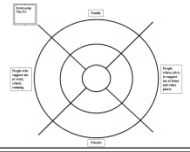
Thinking about how to use everyday person centered skills

Core Concept & Skill	WHAT IT DOES	POSSIBLE USES	If you had permission and support how would you use important to/for?
Sorting Important To/ Important For	A way to organize the information we collected when using other skills.. By sorting our learning into What's Important To and What's Important For we gain a deeper understanding of the person while working towards a good balance. Better informs our actions in partnership with the person and those who love them.	• Use with all the other tools-to add depth to our understanding of the person's preferred to/for balance • To think through a situation before deciding what should happen next	
SKILLS	**WHAT IT DOES**	**POSSIBLE USES**	**If you had permission and support how would you use this skill?**
The Donut Sort 	Identifies role-specific responsibilities. (Core responsibilities; use judgment and creativity; not usually a paid responsibility)	• Help people get clear about their responsibilities regarding specific situations • Develop job/volunteer descriptions • A structure for feedback and evaluation	
4 + 1 Questions	Helps people learn from their efforts and focus next steps.	• To evaluate a specific process or effort • As a structure for group review	
The Learning Log 	Directs people to look for ongoing learning A structure that captures learning details within specific activities and experiences	• Replace the standard "progress note" • Track efforts related to a specific area of change • Support depth learning over time	
Sorting What's Working/ What's Not Working	Analyzes an issue/situation across multiple perspectives. Provide a picture of how things are right now.	• To get a broader perspective • To do pinpoint problem solving • Before planning next steps	
Relationship Mapping 	Creates a picture of who is in the persons' life	• To record who is in a persons life- their role and relationship • Find characteristics of a good match • To help the person and planners determine who to invite to help plan	

SKILLS	WHAT IT DOES	POSSIBLE USES	If you had permission and support how would you use this skill?
Rituals Routines	Identifies the specifics of a particular time of day or event	• To learn what parts of rituals/ routines are important to the person to keep or change. • To learn more about what is important to and for the person • To learn more about daily supports the person appreciates	
Good Day/Bad Day	A way to identify the specifics of what makes up a good and bad day for a person.	• Use to learn What's Important To and How to Support • Maximize good days, and minimize effect of bad days	
Two Minute Drill	Helps us learn critical information about how to best support the person (top tips)	• To learn what people think is most important to and for the person • To discover information that the new supporters need to be successful • To help people clarify how they balance important to/for when supporting a person	
Communication	At-a-glance view of key information about how a person communicates. Especially useful in supporting people who don't communicate well with words	• Help people to get to know a person more quickly • Help people know how to support someone during challenging times	
Positive Reputation	A method to help us learn more about what is important to a person; how to support them while organizing a positive description	• Helps people acknowledge the persons positive characteristic • Helps us get to what is important to the person and how to best support from negatives	
Matching	A structure to look at important "people characteristics" and the persons interests as well as what skills/supports make for good matches.	• Help people think about the kind of people they want and need supporting them • Hire best matched staff • Help person, family to identify possible circle members	